

Restorative Yoga



Proceeds to benefit the Penguin Plunge

Saturday, March 24th

10am-12pm

\$20 per person

BENEFITTING:

Sebastian Scully



7 years old, Valley Cottage

Elle Fishman



4 years old, Piermont

Blue Hill Fitness Center

2 Blue Hill Plaza

Pearl River, NY 10965

Mats provided. Please bring large towel or blanket. Limited to 15 participants

Please contact Louise at (845) 661-6722 or lo1953@verizon.net



Penguin Plunge

Helping the families of seriously ill children to meet their medical and support costs as they focus on their children's health.

Penguin Plunge, Inc. is a 501(c)(3) charitable organization and donations are tax deductible.

Deeply appreciated donations are accepted year-round:
Penguin Plunge, Inc.

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www.penguinplungeny.com • www.facebook.com/penguinplungeny

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children
since 2007

