

Dr Peter Thomson



Peter is an organisational consultant with over twenty years' experience. Since 2016 he has been developing his career coaching practice, focusing especially on how an individual's underlying drives can affect their well-being and performance. He believes that individuals give of their best when their career choice makes it possible for their skills, talents and competencies to be matched with their core values. His in-depth and pragmatic approach to work-related issues is underpinned by his clinical psychology practice, his experience of a wide range of organisations, and his passion for individual professional development.

Background and Consulting Experience

After leaving the NHS in the early 1990's Peter began his organisational work by helping the UK Civil Service with the selection of graduates for their Fast Stream Training Programme. He broadened his experience in the late 1990's when he helped a number of Employee Assistance Programme providers develop their coaching, consulting and mentoring services.

In the early 2000's he joined the Bridge Consulting Group, a pioneering team specialising in manager selection and leadership training. Over the next eight years he worked extensively in assessment centres, mostly in the fast moving consumer goods sector. At the same time he developed his leadership and manager training skills.

For the past fifteen years he has worked as an independent organisational consultant, providing specialist services to individuals and groups from a variety of sectors, including health, education, and the civil service. His roles have varied from individual and team development to leadership mentoring.

Areas of Expertise

Individual Career Choice & Change
Recruitment & Selection
Team Development
Leadership Training
Manager Training

Sectors

Education
Healthcare
Civil Service
Fast Moving Consumer Goods

Qualifications

- BA (Hons) Psychology Rhodes University, South Africa
- MA (Clin Psych) Rhodes University, South Africa
- MA (Classical Civilisation) Birkbeck College, London University
- PG Diploma in Clinical Neuropsychology, Kings College, London University
- D. Clin Psych, Essex University
- Chartered Clinical Psychologist and Associate Fellow of the BPS
- Registered Hogan, NEO-PI, FIRO-B and ODC Practitioner