

# CICS Diploma in Clinical Sexology

2019 Intake



Contemporary  
Institute of  
Clinical  
Sexology

# About CICS

CICS was formed in 2016 by Julie Sale, UKCP Registered Psychotherapist, COSRT Accredited Psychosexual Psychotherapist and Clinical Supervisor, with the aim of providing contemporary, research based education programmes for professionals choosing a career in clinical sexology.

**Our Purpose:** To promote sexual health and wellbeing through the provision of professional education, training and development in evidence based, contemporary clinical sexology.

# cics





# CICS Course Director



**Julie Sale**

UKCP Reg, COSRT Acc, FCIPD.

Julie is a UKCP Registered Psychotherapist, COSRT Accredited Psychosexual Psychotherapist and Clinical Supervisor. She currently represents COSRT on the national Memorandum of Understanding on Conversion Therapy group, working towards establishing standards of education and practice in gender, sexual and relationship diversity in the health professions across the UK.

As well as running her own busy private practice, Julie is Clinical Director of Local Counselling Centre, (LCC), a private counselling service and student placement agency based in Hertfordshire. Established in 2012, LCC holds the NHS contract for the provision of psychosexual psychotherapy in Hertfordshire as well as offering general, sex and relationship therapy to self-referring clients.

Julie is a teaching faculty member and Research Supervisor for the BeeLeaf Institute of Contemporary Psychotherapy running annual trainings on anxiety, OCD and human sexual development.

## Our Faculty

At CICS we have brought together a faculty of experts, all of whom are actively working in the fields of sexual health or psychosexual therapy, to teach our comprehensive syllabus. Details of our faculty can be found at [theinstituteofsexology.org/about-us](https://theinstituteofsexology.org/about-us)





# The CICS Approach

Sexology is the study of human sexual life and relationships and clinical sexology is a term used to describe psychosexual and relationship therapy. At CICS we take a bio-psycho-social approach to the study of clinical sexology. The CICS Diploma content and assessment protocols are designed to ensure that our students have comprehensive knowledge of the combined organic, socio-cultural and psychological dimensions of sexual and relationship health and wellbeing, to ensure safe and effective client treatment protocols and outcomes.

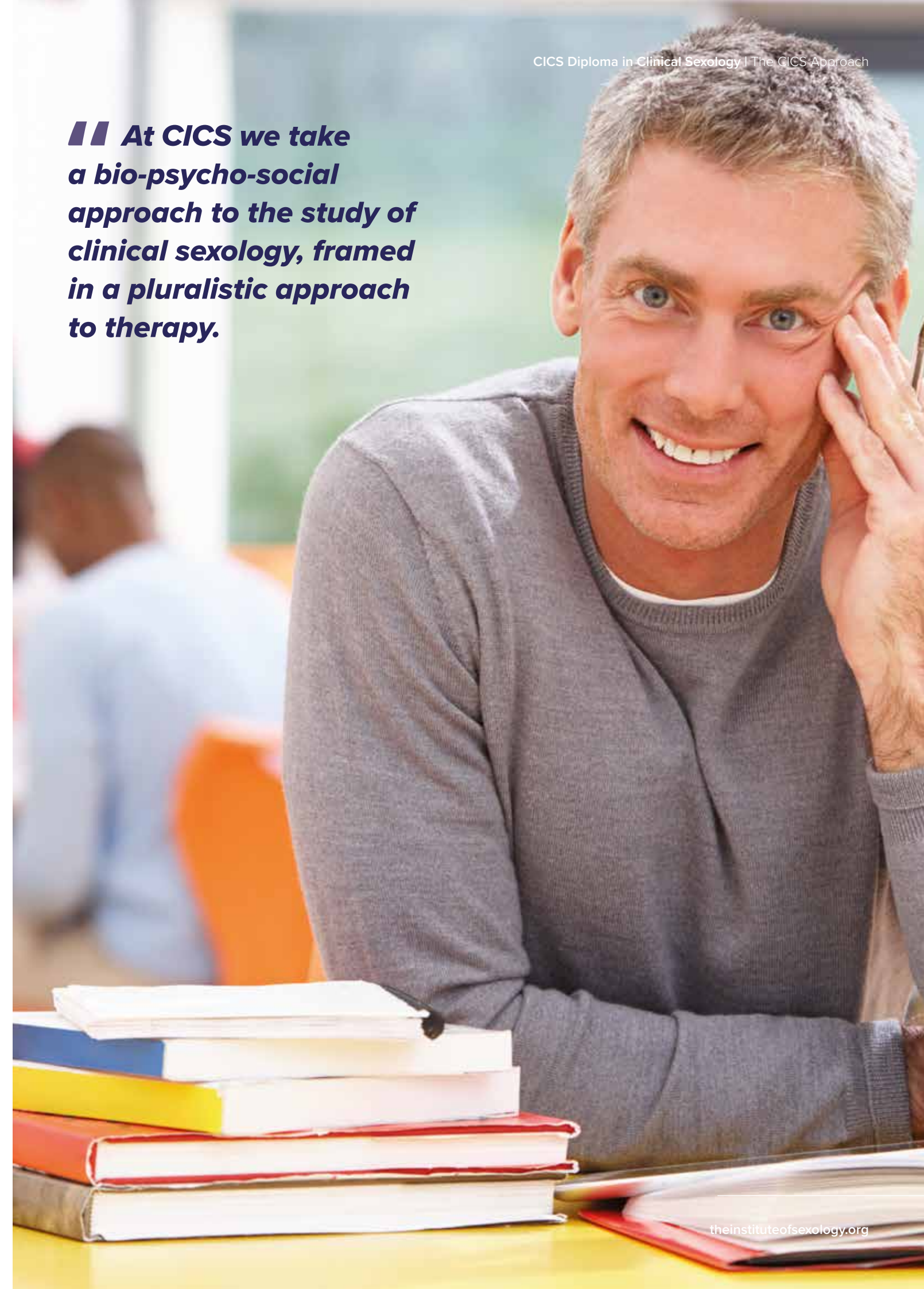
CICS psychotherapeutic theoretical orientation is 'pluralism'. Pluralism is based on the view that no one therapeutic approach can resolve all client presentations and that different clients are likely to want, and benefit from, different interventions in therapy. Consequently, we teach a wide range of evidence based, client focussed interventions in the treatment of sexual and relationship problems, whilst maintaining the centrality of the therapeutic alliance and relational working.

Gender, sexual and relationship diversity is fully integrated into all aspects of the Diploma course.

The course runs monthly on Fridays and Saturdays, intended to be convenient for professionals already in full-time work and is based in historical Cambridge within easy access of the City Centre.

Find out  
more about the  
course online  
[theinstituteof  
sexology.org](http://theinstituteofsexology.org)

**/// At CICS we take a bio-psycho-social approach to the study of clinical sexology, framed in a pluralistic approach to therapy.**



# Course Dates & Overview

The course runs monthly on Fridays and Saturdays, 10am to 5pm, from January 2019 to December 2020, with breaks for holiday periods.

Our students must complete the full two-year diploma course to be deemed safe to practice clinical sexology with clients.

Dates	Content
25/26 Jan 2019	Induction – Let's Talk About Sex and Clinical Sexology
22/23 Feb 2019	Exploring Sexuality and Sexual Development: A Bio-Psycho-Social Perspective
29/30 March 2019	A Pluralistic Approach to Clinical Sexology: Key Skills
26/27 April 2019	Sexual 'Dysfunctions' and Treatment Protocols Part 1
24/25 May 2019	Sexual 'Dysfunctions' and Treatment Protocols Part 2
28/29 June 2019	Sexual Health and Fertility
26/27 July 2019	Out of Control Sexual Behaviours
27 Sept 2019	Unusual Sexual Practices
28 Sept 2019	Sex, Relationships and the Law
1/2 Nov 2019	Diversity Part 1 – Gender and Sexuality
6/7 Dec 2019	Diversity Part 2 – Culture, Disability and Relationships
10/11 Jan 2020	Couple Therapy Part 1: Theories of Love and Relationships
7/8 Feb 2020	Couple Therapy Part 2: Improving Relationships
13/14 March 2020	Couple Therapy Part 3: Working with Sexual Themes
5/6/7 June 2020	Sexual Offending Stop Sexual Offending Foundation Course
10/11 July 2020	Domestic Violence and Abuse
11/12 Sept 2020	Working with Trauma and Shame
11/12 Dec 2020	Assessments

# Assessment

Assessment is continuous and comprises of both written and observed assessment protocols.

## Evidence of Learning Portfolio

Throughout the course students complete a structured Evidence of Learning Portfolio to demonstrate their understanding of each of the course modules, using whichever medium best suits their learning style. This could be, for example, traditional essays or films, mind maps, drawings and poems, works and projects that adequately capture and illustrate that the syllabus has been understood. The Evidence of Learning Portfolio is marked each month by the Course Directors and is externally assessed on full completion.

## Case Study

Students are required to complete a comprehensive, 4000 word case study to demonstrate the integration of their learning into safe, supervised clinical practice. This is marked by the Course Directors and an external assessor.

## Assessment

The final two days of the course comprise of a series of live assessments in the presence of an external assessor to confirm successful assimilation of learning and appropriate application to clinical practice.

## Clinical Practice

To be awarded the CICS Diploma in Clinical Sexology, students must complete 200 hours of clinical practice supervised at a ratio of 1:6, covering the full range of sexual and relationship presentations. This is in line with COSRT requirements. This clinical practice must include a minimum of 10 cases, 5 of which must be couples/multiples.



# Entry Requirements

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- > All applicants must have a foundation certificate course in counselling and be educated to degree level or equivalent.
- > Applicants without a diploma in counselling will be required to complete a supplementary section to the Evidence of Learning Portfolio to demonstrate counselling, boundary and risk management skills.
- > All students must become members of COSRT.
- > Before clinical practice, all students must have an Enhanced DBS check and professional liability insurance to the value of £2m.
- > All students must complete 50 hours of personal therapy, prior to or during the course.





# Qualification Pathways

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Following successful completion of the CICS diploma, students can work towards COSRT accreditation.

To achieve COSRT accreditation, students must complete a total of 450 clinical hours supervised at a ratio of 1:6 (an additional 250 hours to the diploma).

Students who are already accredited with BACP, UKCP,

BPS, HCPC and equivalent will need to complete a total of 320 clinical hours (instead of 450) for COSRT accreditation supervised at a ratio of 1:6 (an additional 120 hours to the diploma).

CICS can support students through the COSRT pathway to UKCP Registration.

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## Fees

The course fee is £6,100. A non-refundable deposit of £300 is payable on acceptance of a place. The balance is then paid in 24 equal monthly installments, commencing 1st January 2019.

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## Venue

The Royal Cambridge Hotel  
Trumpington Street  
Cambridge  
CB2 1PY

Discounted rates are available to CICS students requiring accommodation during the course.





# Application Process

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Please complete the enclosed application form along with an up-to-date CV, and either post to:

**Julie Sale, Course Director, CICS, 3 Venture House, Fifth Avenue, Letchworth, Hertfordshire SG6 2HW**

or email to [julie@theinstituteofsexology.org](mailto:julie@theinstituteofsexology.org) or complete online at [www.theinstituteofsexology.org/apply](http://www.theinstituteofsexology.org/apply)

Suitable applicants will be invited to attend a Skype interview with Julie.





[theinstituteofsexology.org](http://theinstituteofsexology.org) | [info@theinstituteofsexology.org](mailto:info@theinstituteofsexology.org)

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