

# ALEXANDER (Alex) BENTON LEGRAND

## Practice History

2007-Current      Bridger Orthopedic and Sports Medicine      Bozeman, MT  
1450 Ellis Street, Suite 201

## Education

2006      Passed Part 1 Orthopaedic Boards examination      Chicago, IL

1997-2001      Duke University School of Medicine      Durham, NC  
Doctor of Medicine, May 2001

1994-1997      North Carolina State University      Raleigh, NC  
Bachelor of Science, Zoology, May 1997

1984-1990      St Leonards College      Brighton, Vic

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## Residency

2006-2007      Sports Medicine Fellowship      Salt Lake City, UT  
Robert T Burks, Director of Fellowship  
University of Utah

2002-2006      Orthopaedic Surgery Residency      Durham, NC  
James R. Urbaniak, MD, Division Chief (1999-2002)  
James A. Nunley II, MD, Division Chief (2002-present)  
Duke University Medical Center

2001-2002      Orthopaedic Surgery Internship      Durham, NC  
James R. Urbaniak, MD, Division Chief  
Duke University Medical Center

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## Honors and Awards

Spring 2000      AOA Outstanding Platform Presentation

Spring 1997      Summa Cum Laude

Spring 1996      Phi Beta Kappa

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## Publications

**LeGrand A.** Fermor B. Fink C. Pisetsky DS. Weinberg JB. Vail TP. Guilak F. Interleukin-1, tumor necrosis factor alpha, and interleukin-17 synergistically up-regulate nitric oxide and prostaglandin E2 production in explants of human osteoarthritic knee menisci. *Arthritis & Rheumatism*. 44(9):2078-83, 2001 Sep.

**LeGrand A.** Greis P. Dobbs R. Burks R. MPFL Reconstruction. *Sports Medicine and Arthroscopy Review*. 15(2):72-77, 2007 June.

Greis P. **LeGrand A.** Burks R. Bilateral Shoulder Chondrolysis Following Arthroscopy. A Report of Two Cases. *Journal of Bone and Joint Surgery*. 90 1338-1344, 2008 June.

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## Personal Interests

Weight lifting, snowboarding, running, mountain biking