

# *Sculpt* Personal Training Rates

(Can be mixed and matched with Nutritional Consulting individual sessions and packages)

Individual sessions.....\$105  
 Functional Movement Screen.....\$105

- No contract required!
- Simply pay at date of service by credit card; ask about discount when paying in cash or by personal check. (*Checks should be made payable to JESSICA LEWIS and can be mailed to 2506 Wilson Ave Claymont, DE 19703*)

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## PACKAGE PRICES

“Start Me Up!” – 3 session package.....\$ 290  
 “Six Pack” – 6 session package..... \$ 555  
 “Half Case” – 12 session package.....\$1050  
 “Full Case” – 20 session package.....\$1545

- Prices good only when packages purchased in full by credit card; ask about discount when paying in cash or by personal check. (*Checks should be made payable to JESSICA LEWIS and can be mailed to 2506 Wilson Ave Claymont, DE 19703*)
- Client may schedule appointments with the instructor as often as he/she wishes (schedules permitting), but a maximum of no more than 6 weeks is allowed between sessions.
- **VIRTUAL SESSIONS AVAILABLE ... discuss options with Jessica!**

\* \* \* \* \*

I, \_\_\_\_\_, agree to \_\_\_\_\_ with Jessica Lewis. Payment will be made in full on date of service for an individual session or Functional Movement Screen, or before any package begins. I understand that I must provide at least 24 hours notice for any cancellation.

Payment of \_\_\_\_\_ for \_\_\_\_\_ sessions

Today’s date \_\_\_\_\_ Package expiration date \_\_\_\_\_

Signature \_\_\_\_\_

Signature of Parent \_\_\_\_\_  
 or Guardian (for clients under 18)