

# FIVE 14 KIDS

## K-5<sup>th</sup> At Home

June 21<sup>st</sup>, 2020

**BIG IDEA:** - Faith- Being sure of what you can't see because of what you can see.

**BASIC TRUTH:** I can trust God no matter what.

**BOTTOM LINE:** Knowing Jesus can help you face your fears.

**MEMORY VERSE:** "Faith is being sure of what we hope for. It 'is being sure of what we do not see." Hebrews 11:1, NIV

### 1. WARM UP (Starter activities to help apply fun to the lesson)

Ask:

- What is something you have faith in? why?

### 2. FEAR FACTOR: (Large sheet of paper)

- Divide the group into two teams.
- Teams will take turns sending a player to the front of the group to draw something people might fear.
- If the team guesses correctly within 30 seconds, they earn two points.
- If they don't, the other team can guess and earn one point.
- Then it's the next team's turn to have one player draw a clue.
- Choose a team to start and let them choose who gets to go first.
  - Some suggestions for clues include: thunder, spiders, dark, small spaces, reading or speaking in front of a crowd, different animals, heights, water, clowns, storms
  - Make sure to approve their choices before they start their turn, but you can let kids choose their own clues if you'd like to.

**WHAT YOU SAY:** "We all have fears! The Bible is full of stories of people who faced situations that scared them God helped Ananias face his fears just like He wants to help you face your fears. He's been helping people through impossible situations from the very beginning, and He'll help you, too. You can trust Him to be with you because you have proof through real-life stories that He has been—and continues to be—faithful to those who trust Him. **Knowing Jesus can help you face your fears."**

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### ACTIVITY 1

#### 1. FEARS IN A HAT: (Hat, Index Cards, Pencils, Music)

- Give each kid an index card and a pencil.
- Ask the kids to write down one fear that they have. These can be things that were shared in previous activities.
- Encourage them to fold the paper and place it in a hat.
- Instruct the kids to pass the hat around as you play music.
- When the music stops, the kid holding the hat pulls out a fear and reads it to the group.
- The group responds by saying the verse.
- Then the music and hat-passing start again.
- Continue until you've gotten through most of the fears.

**WHAT YOU SAY:** "This activity was a great reminder that all of us struggle with fears. Some of you even have the same fears. Today's story, as well as this month's verse, are great reminders to put your hope in Jesus when you're scared. You may not understand it or see immediate results, but faith in Jesus produces strength and courage to face any situation. **Knowing Jesus can help you face your fears."**

#### 2. Discussion Questions: (No Supplies.)

- When could fear be a good thing?
- What is one fear you wish you didn't have? How might God help you have courage?
- If someone is brave or courageous, does that mean they're not afraid? Why or why not?
- How does knowing Jesus help us face our fears?

**PARENTS:** We believe that what happens at home is the most important. We want to make sure in this time you have what you need to talk to your children about faith. *If you have kids who seem to be ready to take the next step in their faith, don't hesitate to reach out to me ([Daniel](#)) with questions about next steps or resources to help have those conversations with your children.*

### ACTIVITY 2