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Fusion Friday December 2017

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GROUP NEWS



Happy Christmas & New Year to all IEHG Staff

Ireland East Hospital Group would like to wish all its staff, at Group level and across its 11 hospitals, a peaceful and joyous Christmas and good health and happiness in 2018.

The Group would also like to thank all its staff for their hard work and dedication this year and their continued commitment to delivering the best patient care to the 1.1 million people we serve.



Inaugural IEHG Lean Transformation Summit

On 15 December 2017, the Ireland East Hospital Group (IEHG) hosted their first international Lean Summit, Adopting Lean for Healthcare Transformation, at Farmleigh House in Dublin.

The year-end summit enabled IEHG to share their collective Lean transformation vision for the Group, as well as the stories to date from staff and patients who have engaged with Lean process improvement methodology in various IEHG hospitals.

The summit was also an opportunity to hear from international partners who have supported IEHG on this journey to date and who are also on a similar journey using Lean to transform their services. These included Elaine Mead, CEO of NHS Highland, Alicia Schulhof, Senior Vice President of the Transformation Office at Indiana University Health (IUH), and Dr. Byron Scott MD, Deputy Chief Health Officer, Simpler Consulting, IBM Watson Health and also Board Member for the American Association for Physician Leadership.

Over 100 delegates from across the Group's 11 hospitals engaged in the day-long informative sessions.

Pictured l-r: Anne-Marie Keown, IEHG Director of Service Improvement; Alicia Schulhof, Indiana University Health; Mary Day, IEHG CEO; John Connaghan, Deputy DG and COO of the HSE; and Elaine Mead, NHS Highland

[READ MORE](#)



IEHG welcomes Professor Conor O'Keane

The Ireland East Hospital Group (IEHG) is delighted to welcome on board Professor Conor O'Keane as Clinical Director for Clinician Engagement and Quality. Professor O'Keane will work with us on our Lean Healthcare Transformation programme, supporting both our Service Improvement and Quality functions.

His expertise in both Lean methodology and quality improvement will further enhance our improvement programme for 2018. Professor O'Keane is a Consultant Histopathologist at the Mater Misericordiae University Hospital and Associate Clinical Professor of Pathology at UCD. His major interest is Quality Improvement in Medicine, particularly using Lean methodologies, and is an inaugural graduate of the Diploma in Leadership and Quality in Healthcare from RCPI.

His role at IEHG will involve developing and supporting a core of consultant clinician leaders and Lead NCHDs across the Group to drive Lean/quality/service improvement, as well as supporting the IEHG leadership team in developing a corresponding quality and improvement strategy for the Group. Professor O'Keane will also work on developing a Group Quality and Patient Safety Directorate function.

In 2017 IEHG commenced implementation of our Lean healthcare transformation and we have been working hard to centre our efforts on promoting alignment with key partners, increasing the focus on our patients and staff, delivering better clinical outcomes and improving employee commitment.

The programme objectives are to standardise the delivery of healthcare across the Group and ensure that every patient treated receives the right care, in the right place at the right time, every time. The objectives are:

1. Improve patient and staff experience and patient outcomes
2. Enhance capability of our hospitals to deliver operational excellence
3. Develop and enhance continuous improvement capabilities
4. Optimise patient flow and resource utilisation



JOB: Opportunities for Staff Nurses

Calling all nurses, IEHG are recruiting!

We are seeking highly motivated and forward thinking individuals to join our nursing teams in all specialties across all of our 11 hospital sites. To find out more, visit the Careers page of our website.

[VISIT WEBSITE](#)



National Patient Experience Survey

The first ever National Patient Experience Survey in Ireland was published on 11 December. A partnership between the Health Information and Quality Authority (HIQA), the Health Service Executive (HSE) and the Department of Health, the National Patient Experience Survey was a nationwide endeavour asking people for feedback about their stay in hospital. All adult patients discharged during May 2017 who spent 24 hours or more in a public acute hospital and had a postal address in the Republic of Ireland were asked to complete the survey. Almost 14,000 hospital patients participated in the survey, a very positive response rate of 51%.

[READ MORE](#)

Irish Times features
Dublin Neurological
Institute

An excellent piece by Ronan McGreevy featured in the Irish Times Health & Family supplement on 19 December on the Dublin Neurological Institute (DNI) at the Mater hospital and the patients and conditions it treats. The DNI was founded, and is run, by IEHG's new Chief Academic Officer, Prof Tim Lynch.

Read the article [here](#).

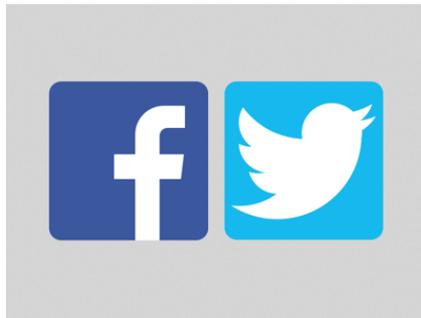
An accompanying video can be viewed below.

[VIEW VIDEO](#)

The faces and brains behind the doors of the Dublin Neurological Institute

Patients suffering from PPND show symptoms similar to Alzheimer's but the causes are different

© Mon, Dec 18, 2017, 06:01



Follow IEHG on social media

To keep up-to-date on IEHG news and events, including jobs notices, follow us on Twitter at @IEHospitalGroup and like our Ireland East Hospital Group Facebook page.

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HOSPITAL NEWS

OUR LADY'S HOSPITAL, NAVAN



Our Lady's Hospital, Navan Achieves Certification to World-Class Medical Device Standard

Staff at the Central Decontamination Unit in Our Lady's Hospital, Navan are celebrating after achieving certification to a key international management standard. The standard, known as ISO 13485, shows organisations how to implement a comprehensive quality management system for the design and manufacture of medical devices.

In the case of Our Lady's Hospital, ISO 13485 will govern the decontamination and sterilisation services of Re-useable Invasive Medical Devices (R.I.M.D.) in the Central Decontamination Unit. The unit currently serves Our Lady's Hospital and Our Lady of Lourdes Hospital, Drogheda, with the right to provide the service to other centres.

Our Lady's Hospital received its ISO 13485 certificate at a special presentation ceremony at the National Standards Authority of Ireland (NSAI) offices in Dublin in early December.

The Central Decontamination Unit opened in 2007 and is serviced by 12 staff. Dympna Fegan, Clinical Nurse Manger at Our Lady's Hospital, congratulated them on helping the hospital to achieve certification.

"While the implementation of ISO 13485 is voluntary in Ireland so far, it is recognised internationally as best practice," said Ms Fegan. "This process ensures a sustainable approach to continuous quality improvement, meeting all requirements outlined by HIQA in the National Standards for Prevention and Control of Healthcare Associated Infection," she added.

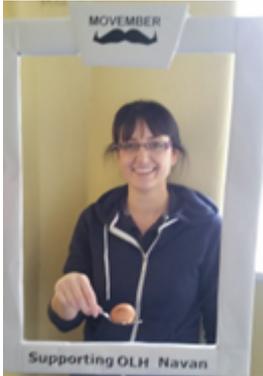
L-R: NSAI Chief Executive Geraldine Larkin, Maura Coyle Meade, Director of Nursing, Dympna Fegan, Clinical Nurse Manager and Minister Pat Breen TD



Movember cakes



Rock, Paper, Scissors Contest



Egg & Spoon Race Winner: Ciara Rowe,
Physio



Rock, Paper, Scissors Winner: Sarah Jane
Rodgers, Dietetics

Fundraising for Movember

Michael Cureton, Occupational Therapist in Our Lady's Hospital, Navan threw his heart, soul and facial hair into fundraising month 'Movember' in the hospital.

From Day One, he used his baking skills to lure staff into donating and participating, and it certainly worked. The Healthy Ireland table featured Men's Health information sign-up forms and also advertised the weekly events Michael had arranged.

The best "Mo" competition saw 5 staff members compete for the honour but it is hoped next year that this event will see more contestants and an even larger event.

Thank you to everyone who supported and donated to the cause and thanks to Michael for his commitment and enthusiasm (and cake!) A special word of thanks goes to his wife Claire Marie, also an Occupational Therapist in OLHN who put up with his facial hair for the duration of the month of Movember.

Fundraising Activities included an Opening Day Event, a Rock, Paper, Scissors Tournament and an Egg & Spoon Obstacle Race

Total for fundraising events at OLHN: €244.22

Official Movember Online funds raised by OLHN: € 1070.00



Gold Active@Work Award for OLHN

With delight Our Lady's Hospital, Navan picked up a Gold Active@Work award at the Irish Heart Foundation awards ceremony on 15 November. The award recognised the efforts made by the Healthy Ireland Team in promoting physical activity, relaunching the Slí na Sláinte on the hospital grounds, running 5 Step Challenges, participating in the Big Heart Walk and devising a local policy on physical activity.

The Healthy Ireland Team have celebrated their first full year in existence and are brimming with ideas for 2018. A photo exhibition at the Healthy Ireland Stand in the hospital in the coming weeks will celebrate their achievements to date and recognise the efforts of staff from all departments.

L-R: Prof. Donal O'Shea, Clinical Lead for Obesity, HSE, Yvonne Collins, OLHN, Niamh McIntyre OLHN and Mr Tim Collins, CEO, Irish Heart Foundation

Dublin City Marathon



OLHN staff members certainly went the extra mile recently by participating in the Dublin City Marathon on 28 October. In total seven staff completed the gruelling course. Pictured are Yvonne Collins, Physio, Sharon Mc Morrow, Clerical Admin, Mary Morrissey, Liaison Nurse and Sara Kieran, Physio but Helen Swan, Deirdre Tuomey and Louise Hand are also proud medal holders.

Great Dublin Cycle



Ann Lister and Caroline Carpenter donned their Healthy Ireland jerseys and completed the 100km Great Dublin Cycle on 24 September. They will, no doubt, be keen to see the Healthy Ireland focus on Cycle to Work and

Flu Vaccine Success

Big congratulations are also due to Teresa Lee ADON and all the peer vaccinators on achieving a Flu vaccination staff uptake of 67% in their efforts to protect patients, staff, their families and colleagues.



Our Lady's Hospital, Navan is certainly a Healthy Hospital!

MATER MISERICORDIAE UNIVERSITY HOSPITAL



Compassion Awards 2017

At the Mater Misericordiae University Hospital, we believe that every staff member is key to providing a kind, compassionate and caring service to all patients and their families.

The Compassion Awards were set up several years ago by the CEO and the Director of Mission Effectiveness to recognise and acknowledge the great work and outstanding care provided by our staff every day in the hospital.

The winning nominees were:

- 1st Place: Ken A. Byrne, Hospital Porter
- 2nd Place: Caroline Smyth, CNMII, Oncology Unit

3rd Place: Prof Leo Lawler, Consultant Radiologist
4th Place: Lean Callan, Staff Nurse, St. Vincent's Ward
5th Place: Joan White, Staff Nurse, Radiology Department

Nuala King - Director of Mission

Pictured: Sr Margherita Rock and Ken A. Byrne (Compassion Award Winner, 1st place)



End PJ Paralysis Campaign - Get Up, Get Dressed, Get Moving

Staff wore pyjamas in the Mater on Wednesday 29 November to highlight the impact of patients being left in pyjamas or hospital gowns for any longer than necessary and raise awareness that mental outlook plays a big role in getting well.

Staff have created leaflets and posters highlighting the benefits to colleagues, patients and relatives.

Thanks to everyone who contributed to making this launch such a huge success.

Ciara Dowling - CNM3 PACS



Sharon Smith (Best Female Actor) and Jimmy Rooney (Best Male Actor)



Cast of A Few Good Women L-R: Paula Oragano, Dolores Heery, Louise Enright, Hayley Dignam, Sharon Smith, Erin Daly, Simon Lee and Simon Cowell



Paul and Colette Burke



Anita Brennan and Gordon Dunne

Oskars 2017

A fantastic night was had by all who attended this year's Oskars Ceremony at the Helix on 10 November. Hats off to all the Actors, the Oskars Committee, the Sponsors and all those who helped make this event such a great success.

Watch out Hollywood because the standard of acting was astonishing. Funds raised on the night will go towards the refurbishment of relative rooms in the Hostel Building and the construction of a new Family Room for end of life care.

The event was a great example of how yet again staff at the Mater Hospital give up their time and energy to pursue the funding of better environmental standards for our patients and their loved ones. Well done to all and congratulations to all of the winning casts and individuals.

Anita Brennan - Head of General Services

REGIONAL HOSPITAL MULLINGAR

SVDP Donation



St Vincent De Paul were the recipients of an enormous donation of gifts and non-perishable goods from the staff of the Regional Hospital Mullingar co-ordinated by Maternity CSF Martha Murtagh.

Christmas raffle



Staff of the Regional Hospital Mullingar gather in the staff dining room for the Paediatric Christmas Raffle.

Pictured l-r: MTA Kevin Colgan, CSF Martha Murtagh, DOM Marie Corbett and President of Mullingar SVP Noel O'Callaghan

RCPI Graduations



Five staff from Mullingar graduated on 23 November with the RCPI. They were: Ms Paula Turner, Diploma in Quality and Leadership in Healthcare; Dr Nandini Ravikumar, Diploma in Quality and Leadership in Healthcare; Dr Ambily Tony, Diploma in Patient Safety; Dr Owen Bradley, Diploma in Stroke Care; and Ms Sharon Gorman, Diploma in Quality and Leadership in Healthcare.

Congratulations to all!

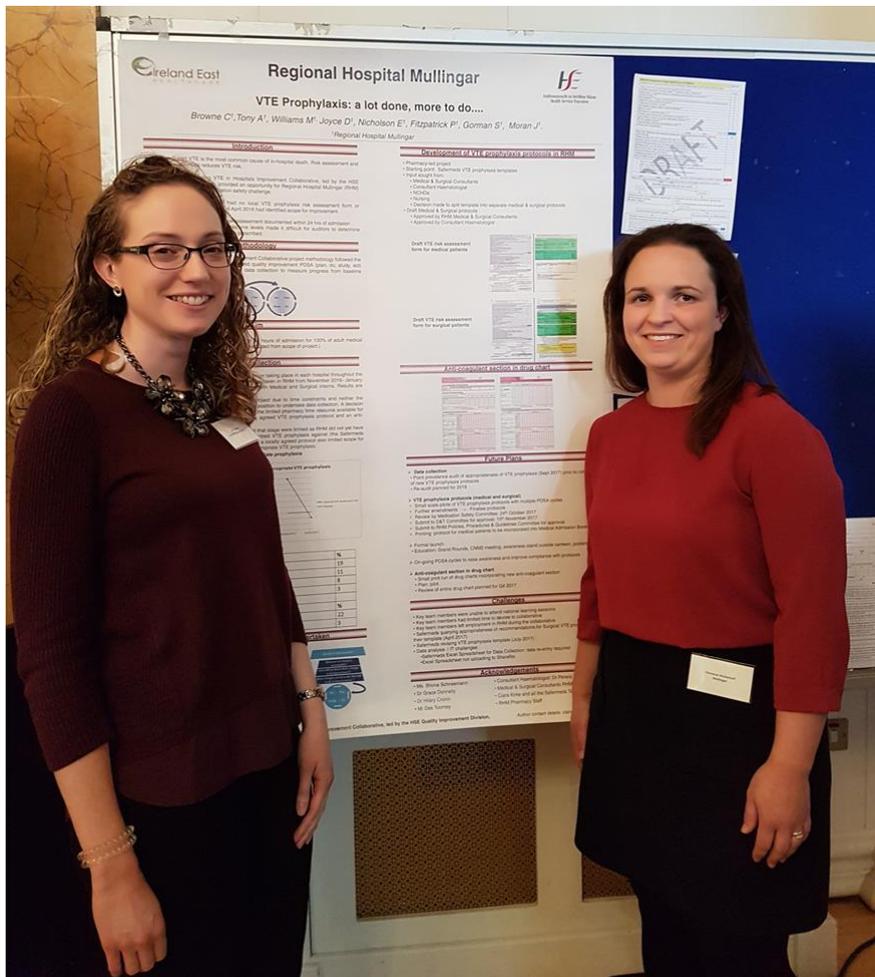
Retirement



Colleagues and friends joined together recently to celebrate the retirement after many years of service of Jackie Connell, receptionist at Regional Hospital Mullingar.

L to R: Patricia Nugent, Marian Murray, Janet Murray, Leona Sweeney, Jackie Connell and Kay Slevin.

Wishing Jackie all the best on her new adventure.



Safermeds Preventing VTE in Hospitals Improvement Collaborative

The Safermeds Preventing Venous Thromboembolism (VTE) in Hospitals Improvement Collaborative, led by the HSE Quality Improvement Division, provided an opportunity for Regional Hospital Mullingar (RHM) to focus on this important medication safety challenge.

Pharmacy led a multi-disciplinary team which focused particularly on development of local VTE prophylaxis protocols for medical and surgical patients and the introduction of a dedicated anti-coagulation section to the drug chart.

While the formal collaborative has now ended, there are plans to continue the improvement focus on this topic in RHM in 2018.

Pictured l-r: Claire Browne (senior Pharmacist) and Christine McDonnell (CNM1, Medical One) with the presentation poster completed by Claire

WEXFORD GENERAL HOSPITAL



3rd IEHG Obstetrics Gynaecology Conference

Wexford General Hospital hosted the 3rd IEHG Obstetrics Gynaecology Conference on 25 October 2017. Dr. Elizabeth Dunn, Consultant Obstetrician/Gynaecologist, said that the conference had been a great success. It was the third annual conference and was held to bring together all medical staff with an interest in women's health. Over 60 people attended, including a number of local GPs. It was also the first year that BST trainees attended. Dr. Dunn said that the conference could not have happened without the support of Hospital Management, I.T. staff and sponsors.

ST VINCENT'S UNIVERSITY HOSPITAL



Health Service Excellence Award for SVUH

On 14 December, the multi-disciplinary Acute Diabetic Foot Pathway project team at St. Vincent's University Hospital (SVUH) won the Best Integration Award at the HSE Excellence Awards 2017 at a special awards ceremony in Farmleigh House in the Phoenix Park.

The Acute Diabetic Foot Pathway Project was one of over three hundred projects entered for this prestigious award, with 11 finalists selected following a rigorous selection process. This award is hugely significant for the project team and for St. Vincent's University Hospital.

The Acute Diabetic Foot Pathway is a multidisciplinary initiative developed to improve the care of patients presenting with complex diabetic foot conditions.

Ms. Mary Barry, Consultant Vascular Surgeon said "We are delighted to achieve such recognition for a new approach to a crisis-level problem. The Acute Diabetic Foot Pathway project was implemented in April 2016 and has been hugely successful. To date it has resulted in significant quality improvements and major cost savings including:

- 71% reduction in major limb amputations
- Reduction in hospital length of stay (LOS) from average of 26 days to 4 days
- Re-admission rate within 2 weeks reduced from 43% to 2.7%
- Cost savings of over €1.4 million in 12 months."

This initiative is now embedded practice in the hospital and continues to produce measurable quality care and cost savings.

Vascular Nurse Specialist Niamh Williams also won the prestigious James Purdie Academic Award for her abstract presentation of the project at the annual conference of the Society of Vascular Nurses of Great Britain and Ireland on 23 November.

Pictured l-r: John Swords, Head of Procurement, HSE, Ms. Deirdre Cornally, Candidate Advanced Nurse Practitioner, Ms. Edel Kellegher, Senior Clinical Podiatrist, Ms. Niamh Williams, Vascular Nurse Specialist and Ms. Hilary Hurley, Spr Vascular



Dietetics Team



Catering Department Team



Speech and Language Therapy
Department



SVUH Staff Choir

Christmas Celebrations at SVUH

Staff from across the hospital marked the festive season with singing, celebrations and lots of good cheer.



Inaugural Education Session for CHO 6 National Frailty Education Programme

The National Frailty Education Programme aims to provide healthcare professionals with an enhanced understanding of frailty and frailty assessments, thereby ensuring earlier recognition of frailty, improved healthcare management and better health outcomes for frail older adults. This programme is a collaborative between the NCPOP and The Irish Longitudinal Study on Aging (TILDA), the Office of the Nursing & Midwifery Services Director and the Acute Medicine and Emergency Medicine Programmes.

The inaugural education day for CHO 6 was held on 28 November in Knockrobbin Primary Healthcare Centre, Co. Wicklow. It was advertised to all disciplines and all settings as part of the National Programme's integrated approach to unlock new ways of working across the Health Service spectrum. The course was facilitated by: Catherine Whitty NMPDU Co-ordinator for PHNs, Ann-Marie Cronin A/CNM2 Day Hospital SCH and Jonathon O'Keeffe ANP Candidate SVUH – 3 of the 10 facilitators currently trained for CHO 6. There were 20 participants from a range of different settings and disciplines.

Dr. Caoilfhionn O'Donoghue also paid a visit to the group in the afternoon session and offered words of support and encouragement to us all in her capacity as the Local Frailty Lead for SCH and Wicklow.

Overall the course was positively evaluated and participants enjoyed the interdisciplinary learning aspect of the course despite this being a new venture for many of them.

We will continue to review and adjust the content in line with evaluations nationally and in consultation with the National Clinical Programme for Older People.

More dates will be advertised in the coming weeks and we will keep you updated on progress as we look to establish governance and planning aspects for our CHO

in relation to the Education Programme Roll-Out.

**Jonathon O’Keeffe ANPc, RNP Community Medicine for Older People SVUH /
Adj. Lecturer UCD**

ST MICHAEL'S HOSPITAL, DUN LAOGHAIRE



Come Dine With Me at St Michael's

The Healthy Ireland Committee has been busy in St. Michael's Hospital.

On the patient-focused side of the Healthy Ireland programme, the Come Dine With Me programme is going from strength to strength. The Come Dine With Me concept was born in 2013 following recognition by the Allied Health Professionals (AHPs) in St. Michael's Hospital that, for those patients who are with us longer than a month, mealtimes by the bedside can be mundane and lonely. The solution? A shared dining experience with themed table settings, discussion topics and even singing! The food is prepared and served by the very supportive Catering team, ensuring that each person receives the correct meal they requested and even providing special treats like "99" cones during the summer!

A multidisciplinary group of staff from the Occupational Therapy, Nutrition and Dietetics, Catering and Physiotherapy departments, together with Nursing staff, volunteered to co-ordinate and supervise the 'Come Dine With Me' experience. Initially the experience was run once per month but due to its great success and patient demand it now happens every two weeks.

See pictured above St Patrick's Day and Halloween-themed events

Healthy Ireland Talks Series

Recently we had a guest speaker from AWARE as part of our Healthy Ireland talks series. The talk was called "Positive Mental Health at Work: Building Strength for the Future". The talk was held twice on the same day to facilitate maximum staff attendance. Recognising that money can be a major stressor especially at this time of year, we followed this up with two staff talks on "Money Skills for Life" given to us by the Competition and Consumer Protection Commission. We also had an alcohol awareness workshop delivered by a guest speaker from the Addiction Services Division of the HSE.

Mindfulness Meditation Classes

Meanwhile, the four-week mindfulness meditation classes run by occupational therapist Fionnuala Sheahan were so successful that the sessions have now been run three times. There is also a waiting list for future sessions thanks to the enjoyable and beneficial nature of the classes.

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GENERAL NEWS



UCD School of Nursing, Midwifery and Health Systems
UCD College of Health and Agricultural Sciences



Professional Programmes in Strategy and Innovation in Health Systems

The UCD School of Nursing, Midwifery and Health Systems is pleased to announce the launch of three new professional programmes in strategy and innovation in health systems. Developed in consultation with key stakeholders, the programmes are designed to support and contextualise transformation and quality improvement initiatives throughout the Ireland East Hospital Group and nationally by introducing participants to the key principles of systems thinking and human-centred design.

The programmes aim to build capacity in developing and implementing strategy, and supporting innovation at all levels and in all areas of the health system. Delivery is through a series of full-day interactive workshops that emphasise the application of key principles and concepts to participants' roles and organisations.

- [Download the brochure](#) (pdf)

Further information about the programmes can be found via the links below:

- [Professional Diploma in Strategic Leadership for Healthcare Improvement and Innovation](#)

- [Professional Certificate in Healthcare Innovation](#)
- [Professional Certificate in Strategic Leadership in Healthcare](#)

Academic enquiries: Contact Professor Martin McNamara
martin.mcnamara@ucd.ie

General enquiries: Contact Tony Kynes at graduate.nmhs@ucd.ie

Application deadline: 18 January 2018

Next intake: January 2018



December Edition of Research Connections

The December edition of the UCD School of Nursing, Midwifery and Health Systems **Research Connections** is now available. The newsletter features upcoming research funding opportunities, research related activities and events.

[READ NEWSLETTER](#)

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EVENTS & CONFERENCES

Stop Smoking Courses 2018

Monday's 5.30pm - 7pm



January 8th - Introductory Night
February 12th - Final Session

February 19th - Introductory Night
April 9th - Final Session

May 14th - Introductory Night
June 25th - Final Session

September 10th - Introductory Night
October 15th - Final Session

November 5th - Introductory Night
December 10th - Final Session

Venue:

**Allied Therapy Suite, 1st floor,
St Vincent's University Hospital,
Elm Park, Dublin 4**

**For more information and to book
a place, contact:** Dept. of Preventive
Medicine & Health Promotion:

Phone: (01) 221 4958

Email: smokingservice@svuh.ie

Ireland East Hospital Group

The Ireland East Hospital Group (IEHG) is the largest and most complex of Ireland's hospital groups. Comprising 11 hospitals (6 voluntary and 5 statutory), IEHG spans seven counties and works with four Community Health Organisation (CHO) partners. In collaboration with our Academic Partner, UCD, IEHG's ambition is to be the national leader in healthcare delivery, working to improve the quality of healthcare and deliver better patient outcomes through education, training, research and innovation for the 1.1 million people we serve.

Ireland East Hospital Group: Mater Misericordiae University Hospital; St Vincent's University Hospital; Regional Hospital Mullingar; St Luke's General Hospital, Carlow/Kilkenny; Our Lady's Hospital, Navan; Wexford General Hospital; St Columcille's Hospital; St Michael's Hospital, Dun Laoghaire; Cappagh National Orthopaedic Hospital; National Maternity Hospital; Royal Victoria Eye and Ear Hospital.

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