

Courses 1 - 8

# Scope and Sequences

Transition Curriculum



# Identifying Personal Strengths: Scope and Sequence

## Unit 1: Identifying Personal Strengths

Pre-Course Assessment

Course Introduction

Lesson 1: What are Strengths? What are Needs?

Lesson 2: Understanding Assessment Results

Lesson 3: Character Strengths, Part 1 (Courage, Honesty, and Wisdom and Knowledge)

Lesson 4: Character Strengths, Part 2 (Transcendence, Gratitude, Humor, Kindness, Social Intelligence, and Humanity)

Lesson 5: Character Strengths, Part 3 (Temperance, Forgiveness, and Self-Regulation)

*Connect to Home:* Conduct an Interview

End of Unit Wrap-Up and Reflection

## Unit 2: Writing About Personal Strengths

Lesson 1: Paragraph Writing

Lesson 2: Brainstorming

Lesson 3: Introductions and Topic Sentences

Lesson 4: Supporting Details

Lesson 5: Conclusions

Lesson 6: Write Your Paragraph

*Connect to Home:* Write a Newspaper or News Story

End of Unit Wrap-Up and Reflection

## Unit 3: Speaking About Personal Strengths

Lesson 1: Introduction to Public Speaking

Lesson 2: Body Language

Lesson 3: Verbal Communication

Lesson 4: Speech Writing

*Connect to Home:* Practice Your Speech

End of Unit Wrap-Up and Reflection

**Objective:** By the end of this course, students will be able to identify and articulate their personal strengths for post-school transition success.

**Outcome:** By the end of this course, students will be able to identify their own personal strengths and articulate them in a written, verbal, or visual presentation.

**Goal:** Students will build self-awareness and communication skills.

**Time:** Students can work through the 20 lessons of this course at their own pace.

**Prerequisite:** TAGG or another transition assessment is strongly recommended.

**Common Core State Standards (CCSS):** RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.4, W.9-10.5, W.9-10.6, W.9-10.10, L.9-10.1, L.9-10.4

**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(1)(A), 110.31.(9), 110.31.(24)-(26), 110.31.(12), 110.31.(13), 110.31.(17), 110.31.(b)(1)(b)-(e)

**Competencies:** Self-awareness, communication skills, interpersonal skills

# Identifying Personal Strengths: Scope and Sequence

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## Unit 4: Active Listening

Lesson 1: Listening Skills

Lesson 2: Active and Passive Listening

Lesson 3: Listening Practice

Lesson 4: Summative Assessment, Part 1

Lesson 5: Summative Assessment, Part 2

*Connect to Home*: Practice Active Listening at Home

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

Post-Course Assessment and Evaluation

# Interpersonal Skills: Scope and Sequence

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## Unit 1: Communication Skills

Pre-Course Assessment

Course Introduction

Lesson 1: Clear Communication

Lesson 2: Giving and Receiving Feedback

Lesson 3: Body Language

Lesson 4: Self-Confidence and Positive Attitudes

*Connect to Home*: Resolving a Situation, Part 1

End of Unit Wrap-Up and Reflection

## Unit 2: Collaboration Skills

Lesson 1: Teamwork and Collaboration

Lesson 2: Showing Appreciation

Lesson 3: Problem Solving

Lesson 4: Conflict Resolution

Lesson 5: Work Ethic

Lesson 6: Summative Assessment

*Connect to Home*: Resolving a Situation, Part 2

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

**Objective:** By the end of this course, students will be able to use interpersonal skills to successfully take part in activities with other people at home, school, and in the workplace.

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**Outcome:** By the end of this course, students will have created scripts to assist them in building self-determination skills in the interpersonal domains of communication and collaboration. Students will use these scripts in role-play scenarios.

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**Goal:** Students will build interpersonal skills in the domains of communication and collaboration.

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**Time:** Students can work through the 10 lessons of this course at their own pace.

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**Prerequisite:** None

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**Common Core State Standards (CCSS):** RI.9-10.1, RI.9-10.4, SL.9-10.1, SL.9-10.6, W.9-10.4, W.9-10.6, W.9-10.10, L.9-10.1, L.9-10.4

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**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(1)(A), 110.31.(b)(1)(B) and (E), 110.31.(b)(6), 110.31.(b)(13), 110.31.(b)(17), 110.31.(b)(24)-(26)

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**Competencies:** Interpersonal skills, communication skills, self-determination

# Cultivating Communication Skills: Scope and Sequence

## Unit 1: Speaking and Listening

Pre-Course Assessment

Course Introduction

Lesson 1: Greetings

Lesson 2: Starting and Stopping Conversations (Parts A and B)

Lesson 3: Body Language

Lesson 4: Appropriate Topics

Lesson 5: Telephone Skills (Parts A and B)

Lesson 6: Active Listening: Paraphrasing

*Connect to Home:* Conduct an Interview

End of Unit Wrap-Up and Reflection

## Unit 2: Writing

Lesson 1: Formal Writing

Lesson 2: Informal Writing

Lesson 3: Using Technology (Parts A and B)

Lesson 4: Summative Assessment

*Connect to Home:* Writing a Compliment or Complaint

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

Post-Course Assessment and Evaluation

**Objective:** By the end of this course, students will be able to use appropriate communication skills to conduct social interactions at home, school, or in a community or work setting.

**Outcome:** By the end of this course, students will create and use scripts and role-play scenarios to guide their communication in real-life situations they will encounter in school, home, work, or in the community.

**Goal:** Students will build communication and interpersonal skills.

**Time:** Students can work through the 10 lessons of this course at their own pace.

**Prerequisite:** None

**Common Core State Standards (CCSS):** RI.9-10.4, SL.9-10.1, SL.9-10.2, SL.9-10.4, W.9-10.4, W.9-10.6, W.9-10.10, L.9-10.1

**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(24)-(26), 110.31.(b)(12), 110.31.(b)(25), 110.31.(b)(23) (C)110.31.(b)(13)

**Competencies:** Communication skills, interpersonal skills

# Cultivating Self-Advocacy: Scope and Sequence

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## Unit 1: Understanding Yourself

Pre-Course Assessment

Course Introduction

Lesson 1: Special Education

Lesson 2: How and Why Did I Get Here?

Lesson 3: Understanding Your IEP

Lesson 4: Identifying and Evaluating Accommodations and Supports

*Connect to Home*: Reflecting on the Special Education Process

End of Unit Wrap-Up and Reflection

## Unit 2: Why Advocate?

Lesson 1: Rights and Responsibilities

Lesson 2: Transition and Post-Secondary Goals

Lesson 3: Self-Efficacy

Lesson 4: Building Self-Confidence

*Connect to Home*: Goal-Setting for Transition Success

End of Unit Wrap-Up and Reflection

## Unit 3: Soliciting Support

Lesson 1: Identifying Personal Supports

Lesson 2: Identifying Organizational Supports

Lesson 3: Asking for and Refusing Assistance

Lesson 4: Summative Assessment

*Connect to Home*: Identifying Resources for Transition Success

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

Post-Course Assessment and Evaluation

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**Objective:** By the end of this course, students will be able to identify their own strengths and needs and use that knowledge to build the skills that lead to self-advocacy.

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**Outcome:** By the end of this course, students will be able to role-play ways to advocate for themselves and will gain the skills they need to be able to ask for or decline help.

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**Goal:** Students will build self-awareness, self-determination, and communication skills.

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**Time:** Students can work through the 12 lessons of this course at their own pace.

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**Prerequisite:** It is suggested that students have completed the TAGG Assessment and ONEder Academy's *Identifying Personal Strengths* course.

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### Common Core State Standards

**(CCSS):** RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10, R.9-10.4, L.9-10.4

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**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(9), 110.31.(b)(1)(B) and (E), 110.31.(b)(24)-(26), 110.31.(b)(12), 110.31.(b)(13)

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**Competencies:** Self-awareness, social awareness, communication skills, and self-determination

# Developing Self-Determination: Scope and Sequence

## Unit 1: Self-Determination

Pre-Course Assessment

Course Introduction

Lesson 1: What is Self-Determination?

Lesson 2: Motivation

Lesson 3: Having a Positive Attitude

Lesson 4: Finding a Mentor or Role Model

*Connect to Home*: Transition Planning, Part I

End of Unit Wrap-Up and Reflection

## Unit 2: Self-Awareness

Lesson 1: What is Self-Awareness?

Lesson 2: Identifying Strengths and Needs

Lesson 3: Understanding Interests and Preferences

Lesson 4: Overcoming Challenges

*Connect to Home*: Transition Planning, Part II

End of Unit Wrap-Up and Reflection

## Unit 3: Self-Advocacy

Lesson 1: What is Self-Advocacy?

Lesson 2: Goal Setting

Lesson 3: Taking Initiative and Being Assertive

Lesson 4: Accepting Consequences

*Connect to Home*: Transition Planning, Part III

End of Unit Wrap-Up and Reflection

**Objective:** By the end of this course, students will be able to identify their own interests, strengths, and challenges, and use that knowledge to build communication and self-advocacy skills that lead to self-determination.

**Outcome:** By the end of this course, students will be able to create an action plan that will improve their self-advocacy skills and help them show more self-determination.

**Goal:** Students will build self-determination, self-awareness, and communication skills.

**Time:** Students can work through the 16 lessons of this course at their own pace.

**Prerequisite:** The TAGG Assessment and the ONEder Academy courses, *Identifying Personal Strengths* and *Identifying and Overcoming Challenges*, are suggested.

**Common Core State Standards (CCSS):** RI.9-10.1, RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.2, W.9-10.4, W.9-10.7, W.9-10.10

**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(6), 110.31.(b)(1)(A), 110.31.(b).(9), 110.31.(b)(24)-(26), 110.31.(b)(12), 110.31.(b)(13)

**Competencies:** Self-awareness, self-determination, communication skills, self-advocacy

# Developing Self-Determination: Scope and Sequence

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## Unit 4: Decision Making

Lesson 1: Making Decisions:

Lesson 2: Assessing and Evaluating Results

Lesson 3: Persistence

Lesson 4: Summative Assessment

*Connect to Home*: Transition Planning, Part IV

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

Post-Course Assessment and Evaluation



# Identifying and Overcoming Challenges: Scope and Sequence

## Unit 1: Identifying Challenges

Lesson 1: What are Challenges? What are Strengths?

Lesson 2: Overcoming Challenges, Part I

Lesson 3: Overcoming Challenges, Part II

Lesson 4: Overcoming Challenges, Part III

## Unit 2: Writing About Challenges

Lesson 1: Paragraph Writing

Lesson 2: Brainstorming

Lesson 3: Introductions and Topic Sentences

Lesson 4: Supporting Details

Lesson 5: Conclusions

Lesson 6: Write Your Paragraph

## Unit 3: Speaking About Challenges

Lesson 1: Introduction to Public Speaking

Lesson 2: Body Language

Lesson 3: Verbal Communication

Lesson 4: Speech Writing

## Unit 4: Active Listening

Lesson 1: Listening Skills

Lesson 2: Active and Passive Listening

Lesson 3: Summative Assessment, Part I

Lesson 4: Summative Assessment, Part II

**Objective:** By the end of this course, students will be able to identify personal challenges that may inhibit them in post school transition and strategies they can use to overcome those challenges.

**Outcome:** By the end of this course, students will identify challenges and strategies to overcome those challenges.

**Goal:** You'll know the course is successful if students can identify one personal challenge and strategies they can use to overcome that challenge.

**Time:** Students can work through the 20 lessons of this course at their own pace.

**Prerequisite:** TAGG Assessment and Identifying Personal Strengths courses are suggested.

**Common Core State Standards (CCSS):** RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10

**Texas Essential Knowledge and Skills (TEKS):** 110.31. (b)(1)(A), 110.31.(b). (9), 110.31.(b)(24-(25), 110.31.(b)(12), 110.31.(b)(13)

**Competencies:** Transition, self-awareness, self-determination, communication skills

# Personal Goal Setting: Scope and Sequence

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## Unit 1: Introduction to Goal Setting

Lesson 1: What are Goals?

Lesson 2: Short and Long-Term Goals

Lesson 3: Goal Setting

## Unit 2: SMART Goals

Lesson 1: Specific Goals

Lesson 2: Measurable Goals

Lesson 3: Achievable Goals

Lesson 4: Relevant Goals

Lesson 5: Timely Goals

## Unit 3: Reaching Goals

Lesson 1: Chunking Goals

Lesson 2: Persistence and Grit

Lesson 3: Setting Deadlines

Lesson 4: Measuring Progress

## Unit 4: Goal Attainment

Lesson 1: Celebrating, Reflect, and Evaluate

Lesson 2: Regrouping and Revising

Lesson 3: Action Planning

Lesson 4: Summative Assessment

**Objective:** By the end of this course, students will understand the goal setting process.

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**Outcome:** By the end of this course, students will be able to identify personal transition goals and how to reach them.

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**Goal:** You'll know the course is successful if students can identify 1-3 personal transition goals and actionable steps to attain them.

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**Time:** Students can work through the 16 lessons of this course at their own pace.

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**Prerequisite:** None.

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**Common Core State Standards (CCSS):** RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10

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**Texas Essential Knowledge and Skills (TEKS):** 110.31.(b)(1)(A), 110.31.(b)(9), 110.31.(b)(24-(25), 110.31.(b)(12), 110.31.(b)(13)

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**Competencies:** Transition, self-awareness, self-determination, communication skills

# Exploring Career Options: Scope and Sequence

## Unit 1: Researching Careers

Lesson 1: Career Interests

Lesson 2: Identifying Your Strengths

Lesson 3: Career Clusters, Part I

Lesson 4: Career Clusters, Part II

## Unit 2: Researching Companies and Openings

Lesson 1: Identifying Companies and Openings

Lesson 2: Mentors and Informational Interviews

Lesson 3: Using your School's Resources

Lesson 4: Using your Community's Resources

## Unit 3: Types of Work Opportunities and How to Find Them

Lesson 1: Paid and Unpaid Internships

Lesson 2: Job Sampling and Job Shadowing

Lesson 3: Volunteering

Lesson 4: Part-time vs. Full Time

## Unit 4: Applying for Job Opportunities

Lesson 1: Creating a Resume & Writing a Cover Letter

Lesson 2: Filling out a Job Application

Lesson 3: Asking and Obtaining Personal References

Lesson 4: Interviewing Skills

## Unit 5: Putting it all Together

Lesson 1: Creating a Career Poster

Lesson 2: Presenting Your Career Poster

Lesson 3: Reflecting on the Career Exploration Process

Lesson 4: Summative Assessment

**Objective:** By the end of this course, students will be able to identify their potential career paths, research opportunities and companies, and begin the job application process.

**Outcome:** By the end of this course, students will identify up to three career options and begin the application process.

**Goal:** You'll know the course is successful if students can identify

**Time:** Students can work through the 20 lessons of this course at their own pace.

**Prerequisite:** TAGG Assessment and *Identifying Personal Strengths* and *Identifying and Overcoming Challenges* courses are suggested.

### Common Core State Standards

**(CCSS):** RI.9-10.1, RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10

### Texas Essential Knowledge and Skills

**(TEKS):** 110.31.(b)(6), 110.31.(b)(1)(A), 110.31.(b)(9), 110.31.(b)(9), 110.31.(b)(24)-(26), 110.31.(b)(12) 10.31.(b)(13)

**Competencies:** Transition, self-awareness, self-determination, communication skills, careers