

Developing Self-Determination: Scope and Sequence

Unit 1: Self-Determination

Pre-Course Assessment

Course Introduction

Lesson 1: What is Self-Determination?

Lesson 2: Motivation

Lesson 3: Having a Positive Attitude

Lesson 4: Finding a Mentor/Role Model

Connect to Home: Transition Planning, Part I

End of Unit Wrap-Up and Reflection

Unit 2: Self-Awareness

Lesson 1: What is Self-Awareness?

Lesson 2: Identifying Strengths & Needs

Lesson 3: Understanding Interests and Preferences

Lesson 4: Overcoming Challenges

Connect to Home: Transition Planning, Part II

End of Unit Wrap-Up and Reflection

Unit 3: Self-Advocacy

Lesson 1: What is Self-Advocacy?

Lesson 2: Goal Setting

Lesson 3: Taking Initiative & Being Assertive

Lesson 4: Accepting Consequences

Connect to Home: Transition Planning, Part III

End of Unit Wrap-Up and Reflection

Objective: By the end of this course, students will be able to identify their own interests, strengths, and challenges, and use that knowledge to build communication and self-advocacy skills that lead to self-determination.

Outcome: By the end of this course, students will be able to role play scenarios to increase self-advocacy that leads to self-determination.

Goal: Students will build self-determination, self-awareness, and communication skills.

Time: Students can work through the 16 lessons of this course at their own pace.

Prerequisite: TAGG Assessment and Identifying Personal Strengths and Identifying and Overcoming Challenges courses are suggested.

Common Core State Standards (CCSS): RI.9-10.4, RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10

Texas Essential Knowledge and Skills (TEKS): 110.31.(b)(1)(A), 110.31.(b)(9), 110.31.(b)(24)-(25), 110.31.(b)(12), 110.31.(b)(13)

Competencies: Self-awareness, self-determination, communication skills, self-advocacy

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Unit 4: Decision Making

Lesson 1: Making Decisions:

Lesson 2: Assessing and Evaluating Results

Lesson 3: Persistence

Lesson 4: Summative Assessment

Connect to Home: Transition Planning, Part IV

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

Post-Course Assessment and Evaluation