



Hope Farm Medical Centre

Practice newsletter November 2019 edition

Issue 4, 2019

Practice list closure

Hope Farm Medical Centre has made the difficult decision to apply for a formal practice list closure as we want to deliver exceptional care to all patients, which is a difficult task when the practice list grows significantly. The CCG have reviewed our application to formally close the practice list. They have given us permission to close the list for an initial three month period until 11th February 2020.

During this period of closure:

- We can only register patients who are an immediate family member of a currently registered patient.
- We will not register nursing home patients (unless they are an immediate family member of a currently registered patient).

We apologise for any inconvenience caused



HOPE FARM MEDICAL CENTRE

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Successful sepsis awareness evening held at the practice

On Thursday 10th October we hosted a sepsis awareness evening at the practice which was organised alongside our Patient Participation Group (PPG). We were lucky enough to welcome Dr Julia Riley who is GP and clinical lead for quality and safety at West Cheshire CCG, who gave a very informative presentation and gave attendees the chance to ask questions. Guests commented on their knowledge of sepsis being significantly improved; making them feel confident they would be able to spot the early warning signs—which can make all the difference in preventing long-term health implications or even death. To conclude, we were delighted with the strong turnout and would like to thank all those involved in helping the evening run as smoothly as it did.

Hope Farm 'Friday Welcome' continuously growing

As some of you will be aware, the medical centre has been working in partnership with 'The Port Grocery' to run our 'Friday Welcome' initiative, based at Hope Farm Methodist Church on Fridays at 11:30am. If you aren't aware of the Friday Welcome—it is our social prescribing project which runs alongside The Port Grocery's fight against food waste. We offer all attendees free tea, coffee, cake, sandwiches and delicious soup! All ingredients are donated by The Port Grocery who get these items from businesses such as M&S, Costco and even KFC. Staff are also in attendance from HFMC, such as GP Assistants who have offered advice on Flu jabs. We also have external organisations in attendance to give patients the chance to speak to experts who can offer support.

Since launching on 6th September 2019, our numbers have grown—proving very popular with the local community. We have had weeks where over 40 people attended, which is testament to the hard work of our dedicated team of volunteers. If you would like to volunteer yourself then please contact the practice.

Going forward we want to ensure that the Friday Welcome continues to remain popular with the community. We are always looking to improve, so if you have any suggestions please let us know.

www.MyMind.org.uk

MyMind is a website dedicated towards helping young people across Cheshire and Wirral with mental health difficulties. It has recently been rebranded 'MyMind 2.0' following an impressive website re-design. It offers young people, parents and health professionals advice on how to cope with mental health challenges. We would recommend this website to all of our young patients who may be struggling and feel like they aren't ready to speak to a doctor yet.

Medication requests

When ordering medication we can only process prescriptions 10 days—48 hours before they are due to run out, please make allowances for this time frame when ordering medication either yourself or through the pharmacy. When you do order through the pharmacy please state which medication is needed rather than requesting all medications. This is because some of your medication may not be due or necessarily needed.

Fundraising

Good luck to Dr Jones who will be running the London Marathon on Sunday 26th April 2020. She will be raising money for MENCAP, who are a brilliant charity that support people with learning disabilities, as well as their families.

[Virginmoneygiving.com/KarenJones119](https://www.virginmoneygiving.com/KarenJones119)
Or charity collection box at reception
Thank you for your support and donations



Hope Farm Medical Centre

Hope Farm Road
Great Sutton
Ellesmere Port
CH66 2WW

Phone: 0151 357 3777

Fax: 0151 357 1444

E-mail: Hopefarm.medicalcentre@nhs.net



@HopeFarmMC