**Materials:**
Hook: Size G (4mm)  
Yarn: Any yarn from the Knots of Love’s approved list of yarns  
Tapestry needle

**Abbreviations:**
BLO = back loop only (crochet in back loop rather than both loops)  
ch = chain  
sc = single crochet  
sl st = slip stitch

**Instructions:**
Chain 66. Being careful not to twist, form the chain into a ring by joining with sl st to the first chain.

**Pattern:**

**Rnd 1:** ch 1, sc in same st and in each ch around.  
**Rnds 2-10:** ch 1, sc in BLO around; join with sl st.  
**Rnd 11:** ch 1, sc in both loops around; join with sl st.  
Knot and finish off.

Turn the band and, using the same color, attach to any st with sc.  
Sc in each st around; join with sl st.

**Finishing:** Fasten off and weave in all ends.

**For a wider band, there are 2 options:**
1) Make the edges 2 rows of sc, or  
2) Make more middle (BLO) rows
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