Instructions:
Average size: CO 88 - Large: CO 110.

Pattern:
Ribbing: Using size 7 needles, CO desired number of stitches.
Place stitch marker and join in the round, careful not to twist cast-on stitches at the join.
K1, P1 around for 3 inches.

Cable pattern: Change to larger size needles.
Rnd 1 - 9: *(K1, P2, K6, P2), repeat from * around.
Rnd 10: *(K1, P2, CF6, P2), repeat from * around.
Repeat pattern rounds three more times ending with round 4.

Crown Shaping: (Change to double-point needles when needed.)
Rnd 1: *(K1, P2tog, K6, P2tog), repeat from * around.
Rnd 2: *(K1, P1, K6, P1), repeat from * around.
Rnd 3: *(K1, P1, SSK, K2, K2tog, P1), repeat from * around.
Rnd 4: *(K1, P1, K4, P1), repeat from * around.
Rnd 5: *(K1, P1, SSK, K2tog, P1, K1), repeat from * around.
Rnd 6: *(K1, P1, K2, P1, K1), repeat from * around.
Rnd 7: *(K1, P1, K2tog, P1, K1), repeat from * around.
Rnd 8: *(K2tog) around.
Rnd 9: Knit around.
Rnd 10: K2tog around.

Finishing: Break yarn, leaving 12". Thread onto a tapestry needle and loosely thread through the remaining stitches. Thread through a 2nd time and pull tightly to close the remaining hole. Thread to inside and stitch in place to secure. Weave in and out of a few stitches, and clip the remaining yarn.

Materials:
Needles: Size US 7 16" circular needles
Size US 8 16" circular needles
Size US 8 double-point needles (DPNs)
Yarn: 200-250 yards of any yarn from the Knots of Love's approved list of yarns.
Stitch marker
Tapestry needle
Cable needle

Abbreviations:
CF6 (Cable Front 6): Slip 3 sts onto cable needle and hold to front of work.
Knit 3 sts from left-hand needle. Knit 3 sts from cable needle.
SSK (Slip, Slip Knit): Slip the first stitch as if to knit, slip the second stitch as if to knit, then slide the left-hand needle into the front part of both stitches and knit them together.

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A wonderful beginners resource page for the cable stitch is here.
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