**HEARTSTRINGS**

Designed by Kitty Beder for Knots of Love

**Materials:**
Needles:  US 7 or US 8 16" Circular Needles; and
Same sized Double Pointed Needles
Yarn: 200-225 yards of any yarn from the Knots of Love’s approved yarn list
Stitch Marker

**Instructions:**

**Bucket Version** (for variations, see below)

Cast on 88 stitches size 7 (can use 8). Do not join. Knit in garter stitch until brim measures desired width (1-1/2 to 2). Place marker and join for knitting in the round. Knit 4 rows.

To place the heartstring:

**Round 1:** Knit
**Round 2:** Bring MC (main color of cap) to front as if to purl. Join CC (contrasting color) and purl 1 stitch in contrasting color. Bring MC over the CC, purl second stitch in MC. Continue purling, bringing each yarn over the other, alternating colors. This will cause your yarn to twist, so allow for plenty of tension. When you work Round 3 the yarn will automatically untwist.

**Round 3:** Beginning with CC, purl, continuing to alternate colors as in round 2, only bring each yarn under the previous yarn. Remember you are working in the front.

**Round 4:** Knit in MC (you are now done with CC – unless you want to make multiple heartstrings)

Continue knitting until cap measures desired length.

Decrease changing to doublepoints when needed:

**Round 1:** knit 9, knit 2tog
**Rounds 2-4-6-8-10-12:** knit
**Round 3:** knit 8, knit 2tog
**Round 5:** knit 7, knit 2tog
**Round 7:** knit 6, knit 2tog
**Round 9:** knit 5, knit 2tog
**Round 11:** knit 4, knit 2tog
**Round 13:** knit 3, knit 2tog
**Round 14:** knit 2, knit 2tog
**Round 15:** knit 1, knit 2tog
**Round 16:** knit 2tog


For a different look to the embellishment: knit the round before and the round after the heartstring in the contrasting color.

---

Click here to shop starter kits, mystery bags, and more
Click here to shop new patterns

Not for resale or for commercial use of any kind.
All rights and claims reserved by Knots of Love. Knots of Love is a registered trademark of Knots of Love, Inc. Knots of Love, Inc® is a 501(c)3 Nonprofit Public Charity (EIN 35-2345369).
100% of the proceeds from sales in our shop make a difference by helping Knots of Love provide free handmade hats to people going through chemo and blankets to babies in ICU incubators.

Click here to shop all patterns

Buy a cool yarn cutter pendant

Click here to buy our value-packed mystery bag

Click here to shop knit and crochet starter kits