Instructions:

Cast on 90 stitches on size 7 needles
K1, P1 for 1 round and PM, join together and double check that the round is not twisted.
Knit 4 more rounds of K1, P1

Switch to size 8 needles
Knit 1 row

Begin Pattern as follows:

Rounds, 1, 3, 5, 7, 9: K2, *(sl 5 wyif, K5)* ending K3
Rounds 2, 4, 6, 8: Knit
Round 10: K4, *(the next stitch should be the center stitch on the slipped group)*
   k&b, K9* till the last 6 stitches, k&b, k5
Round 11, 13, 15, 17 and 19: K7, *(wyif sl5, *k5, wyif sl3
Round 12, 14, 16, and 18: wyif sl2, Knit to end of round (you with be doing work combining the round)
Round 20: wyif sl2, *(K7, k&b, K2)*. till the last 8 stitches K7, k&b

Repeat pattern 1 more time

Round 40: Knit
Decrease Round 1: K3, k2tog
Decrease Round 2 (move to double pointed needles): Knit
Decrease Round 3: K2, k2tog
Decrease Round 4: Knit to end
Decrease Round 5: K1, K2tog
Decrease Round 6: Knit to end
Decrease Round 7: K2tog
Decrease Round 8: Knit
Decrease Round 9: K2tog
Decrease Round 10: Knit

Finishing:
Cut a 5” tail and thread through remaining stitches. Pull tight. Weave in ends.

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