PEGGY’S SLEEP CAP

Materials:
Needles: Size 7 - 16” circular needles
        Size 7 dpn (double pointed needles)
Yarn: 200-225 yards of any yarn from the Knots of Love’s approved list of yarns. (2 colors if contrasting border is desired)

Instructions:
Cast on 72 stitches, place marker, join yarn being sure not to twist the cast on stitches.

Row 1 – K1, P1, continue to marker.
Row 2 – P1, K1, continue to marker.
Repeat these 2 rows for 1 ½ inches.

If using contrasting yarn, join in now or continue working with original color.
Continue knitting all rows until piece measure 6 inches from cast on edge.

Begin to decrease and change to size 7 dpn when needed and follow pattern below:

Row 1: *K 6, k 2 together, continue from * around.
Rows 2 and all even rows, knit around.
Row 3: *K 5, k 2 together, continue from * around.
Row 5: *K 4, k 2 together, continue from * around.
Row 7: *K 3, k 2 together, continue from * around.
Row 9: *K 2 together, continue from * around.

Finishing:
Cut yarn leaving a 10 inch tail. Thread yarn into needle then thread needle through remaining stitches. Pull up tight and weave in yarn.

Weave in loose ends.

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