GREY’S ANATOMY LIMB HUGGER

Written by Christine Fabiani, Knots of Love Founder

**Materials:**
Needles: Size 7 circular needles; 12 inch 
Size 7 double-point needles
Yarn: 200-225 yards of any yarn from the Knots of Love’s approved list of yarns.
Stitch marker
Tapestry needle

**Instructions:**
Make all one color or change colors at will.
When changing colors, knit the first row with the new color then continue in your pattern.

Cast on 48, 56, 64, or 72 Stitches.
Being careful not to twist. Place stitch marker and begin working in the round.

**Pattern:**
Work K2, P2 until the limb hugger measures 11 inches for the leg or 9 inches from the cast-on edge for the arm.

**Decrease:**
Place stitches evenly on double-point needles when needed.

<table>
<thead>
<tr>
<th>Row</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>*(K2, P2tog) repeat from * around.</td>
</tr>
<tr>
<td>2 - 6</td>
<td>*(K2,P1) repeat from * around.</td>
</tr>
<tr>
<td>7</td>
<td>*(K2tog, P1) repeat from * around.</td>
</tr>
<tr>
<td>8 - 10</td>
<td>*(K1, P1) repeat from * around.</td>
</tr>
<tr>
<td>11</td>
<td>*(K2tog, P2tog) repeat from * around.</td>
</tr>
<tr>
<td>12</td>
<td>*(K1, P1) repeat from * around.</td>
</tr>
<tr>
<td>13</td>
<td>*(K2tog) repeat from * around.</td>
</tr>
</tbody>
</table>

**Finishing:** 8 stitches remain. Cut yarn, leaving a long tail. Thread tail through remaining stitches and remove stitches from needle. Pull to gather and close top opening. Weave in remaining tail.

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