



## Knots of Love Guidelines for making Beanies, NICU Blankets, PICC Covers, and Limb Huggers

4/15/2020

- ONLY use yarns from this list.
- Thinner, seamless, non-lumpy beanies are good for sleeping and increased comfort.
- Beanies should not be see-through or lacy. Patients prefer not to see their bald heads through the beanie.
- Beanies should be fragrance, smoke, pet hair and odor-free. If you smoke or have a pet, please wash in fragrance free detergent and thoroughly dry beanies before sending them.

**PLEASE ONLY USE YARNS FROM THIS LIST WHEN MAKING YOUR KNOTS OF LOVE BEANIES or NICU Blankets**  
♥ **ALL YARNS HAVE BEEN CANCER PATIENT TESTED AND APPROVED BY THEM.**

Specialty Yarn Stores	Craft & Hobby, Michaels, Jo-Ann's, Hobby Lobby & Online
<ul style="list-style-type: none"><li>• Babe Soft Cotton Worsted by Euro</li><li>• Berroco Comfort</li><li>• Berroco Modern Cotton</li><li>• Berroco Plush (Sleep Caps)</li><li>• Blue Sky Alpaca Dyed Cotton</li><li>• Cascade Avalon</li><li>• Cascade Cherub Aran</li><li>• Cascade Cherub Chunky (Winter Only)</li><li>• Cascade Pima Tencel</li><li>• Cascade Sunseeker Shade</li><li>• Cascade Ultra Pima</li><li>• Hayfield Baby Blossom Chunky (Winter Only)</li><li>• HiKoo CoBaSi Plus, Skacel</li><li>• HiKoo Simpliworsted, Skacel</li><li>• Jil Eaton Cottontail</li><li>• Knit One Crochet Two BabyBoo</li><li>• Kramer Tatamy Tweed</li><li>• Marble Chunky (Not worsted)</li><li>• Nako Elit Baby Muare</li><li>• Nako Natural Bebe</li><li>• NEVE by Juniper Moon Farm (Cotton)</li><li>• Paintbox Yarns Cotton Aran</li><li>• Peter Pan Cupcake (Sleep Caps)</li><li>• Plymouth Baby Beenz</li><li>• Plymouth Daisy (Sleep caps)</li><li>• Plymouth Dream Baby DK</li><li>• Plymouth ToyBox Collection - Candy</li><li>• Rowan All Seasons Cotton</li><li>• Schoeller-Stahl HIT</li><li>• Sirdar Snuggly Bunny (Sleep Caps)</li><li>• Sirdar Snuggly</li><li>• Sirdar Snuggly Tutti Frutti</li><li>• Sublime Evie Prints</li><li>• Universal Uptown Worsted and DK</li><li>• Universal Cotton Supreme</li><li>• Universal Cotton Supreme Batik</li></ul>	<ul style="list-style-type: none"><li>• Baby Bee Hushabye Solid or Ombre (Hobby Lobby)</li><li>• Baby Boucle (Hobby Lobby)</li><li>• Bamboo Baby by Patons</li><li>• Bernat Giggles</li><li>• Bernat Li'l Tots</li><li>• Bernat Softee Baby, regular or cotton</li><li>• Bernat Satin or Bernat Satin Sport</li><li>• Red Heart Buttercup</li><li>• Caron Simply Soft</li><li>• Caron Simply Soft Shadows, Paints, Stripes, Tweed or Ombre</li><li>• Comfy Worsted Cotton Blend (Knit Picks, Online)</li><li>• I Love This Cotton (Hobby Lobby)</li><li>• Lion Basic Stitch Anti-Pilling Yarn</li><li>• Lion Coboo</li><li>• Lion Feels Like Butta</li><li>• Lion Fun Fur</li><li>• Lion Heartland</li><li>• Lion Heartland Tweed</li><li>• Lion Jeans</li><li>• Lion Landscapes</li><li>• Loops &amp; Threads Charisma Baby</li><li>• Loops and Threads Soft &amp; Shiny</li><li>• Main Street Yarns Shiny + Soft</li><li>• Patons Be Mine (Sleep Caps)</li><li>• Premier Anti-Pilling Everyday Worsted, Solids, Heather, Multis &amp; Marils</li><li>• Premier Bamboo Fair (Rayon and Cotton)</li><li>• Premier Cotton Fair</li><li>• Premier Home Cotton</li><li>• Premier Sweet Roll</li><li>• Red Heart Boutique Unforgettable</li><li>• Red Heart Colorscape</li><li>• Red Heart GumDrop</li><li>• Red Heart <b>SOFT</b> (NOT Red Heart Super Saver)</li><li>• Red Heart Soft Baby Steps</li><li>• Red Heart Sweet Baby</li><li>• Shine Worsted - Cotton blend (Knit Picks - Online)</li><li>• Yarn Bee, Aurora Borealis (Hobby Lobby)</li><li>• Yarn Bee, Denim in Color (Cotton blend) (Hobby Lobby)</li><li>• Yarn Bee, Fur-Ever Style (Sleep Hats) (Hobby Lobby)</li><li>• Yarn Bee, Glowing (Hobby Lobby)</li><li>• Yarn Bee, Hint of Silk (Hobby Lobby)</li><li>• Yarn Bee, Soft &amp; Sleek (Hobby Lobby)</li><li>• Yarn Bee, Soft Secret (Hobby Lobby)</li></ul>

Many of the above yarns can be used when making Neonatal Intensive Care blankets (18"x 24").

However, here are a few that are highly recommended as soft, lightweight and appropriate for tiny blankets.

<ul style="list-style-type: none"><li>• Berroco Comfort</li><li>• Bernat Softee Baby</li><li>• Baby Bee Sweet Delights</li><li>• Caron Simply Soft</li><li>• Cascade Avalon</li><li>• Cascade Cherub Aran</li><li>• Cascade Sunseeker Shade</li><li>• Cascade Sarasota</li><li>• Knit One Crochet Two Baby Boo</li></ul>	<ul style="list-style-type: none"><li>• Lion Baby Soft</li><li>• Loops &amp; Threads Snuggly Wuggly</li><li>• Main Street Yarns Shiny + Soft</li><li>• MaryMaxum Starlette</li><li>• Plymouth Dream Baby DK</li><li>• Plymouth ToyBox Collection - Candy</li><li>• Premier Anti-Pilling Everyday Baby</li><li>• Premier Sweet Roll</li><li>• Sirdar Snuggly Bunny</li><li>• Sirdar Snuggly</li></ul>
--	--