

Carino Headband

Caron Simply Soft yarn
Size 7 (16") **circular** knitting needles
Tapestry needle
G crochet hook, if flower is desired

PM = place marker
K = knit P = purl
st = stitch sts = stitches

Special instructions:

Seed stitch = (K1, P1) across an odd number of stitches

Moss stitch = Row 1: (K2, P2) around on an even number of stitches

Row 2: K the Ks and P the Ps

Row 3: (P2, K2) around

Row 4: P the Ps and K the Ks

DIRECTIONS:

Cast on 81 sts. PM being careful not to twist the stitches.

Rows 1-5: Seed stitch:

Row 1: K1, P1 around, ending with K1

Row 2: P1, K1 around, ending with P1

Rows 3 & 5 : repeat Row 1

Row 4: repeat row 2

Row 6: Knit around to last 2 stitches. K 2tog. 80 stitches

Rows 7-24: Moss stitch

Rows 7 & 8: (K2, P2) around

Rows 9 & 10: (P2, K2) around

Repeat these 4 rows for pattern

Row 25: K around to last stitch. Increase by knitting in front and back of stitch. 81 stitches.

Rows 26-30: Seed stitch (see Rows 1-5)

Bind off, and weave in ends.

FLOWER (crochet):

Chain 30*

In 4th ch from hook, dc. ch 3, sl st, [ch 3, dc, ch 3, sl st] twice, in each ch across (sl st, ch 3, dc, ch 3). Fasten off. Starting with the first 3 petals, spiral the petals around in layers and stitch in place from the back. Sew flower on band. ***For larger flower, chain 40



 **KNOTS OF LOVE**

www.knotsoflove.org

*Knots of Love is a registered trademark of Knots of Love, Inc.
Knots of Love, Inc® is a 501(c)3 Nonprofit Public Charity ~ EIN 35-2345369*

Feel free to use this pattern for charity. If you are using this, or any Knots of Love pattern for any other purpose, a donation to Knots of Love would be greatly appreciated!