**Veteran’s Hero Limb Hugger**
Written by Christine Fabiani, Knots of Love Founder

**Materials:**
Size 7, 12” circular needles and size 7 DPNS
1 skein worsted weight yarn from Knots of Love approved yarn list. Softness is very important.
Tapestry needle
Stitch marker

Cast on 56 stitches. Being careful not to twist. Place stitch marker and begin working in the round.

**Ribbing:**
Row 1: *(K1, P1); repeat around.
Repeat this row for 3 inches.

**Body:**
Row 1: *(K2, P2), repeat from * around.
Row 2: *(P2, K2), repeat from * around.
Repeat these two rows for 6 inches

**Decrease:**
Row 1: *(K5, K2 together), repeat from * around
Row 2: *(K4, K2 together), repeat from * around
Row 3: *(K3, K2 together), repeat from * around
Row 4: *(K2, K2 together), repeat from * around
Row 5: *(K1, K2 together), repeat from * around

**Finishing:** 8 stitches remain. Cut yarn, leaving a long tail. Thread tail through remaining stitches and remove stitches from needle. Pull to gather and close top opening. Weave in remaining tail.

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