Grey’s Anatomy Limb Hugger
Written by Christine Fabiani, Knots of Love Founder

Materials:
1 skein worsted weight yarn from the Knots of Love approved list of yarns. (Softness is important)
Size 7 circular needles; 12 inch
Size 7 double point needles
Tapestry needle
Stitch marker

Make all one color or change colors at will.

Cast on 48, 56, 64, or 72 Stitches.
Being careful not to twist. Place stitch marker and begin working in the round.

Pattern:
Work K2, P2 until limb hugger measures 11 inches for leg or 9 inches for arm
From cast on edge.

Decrease:
Put stitches evenly on double point needles when needed.
Row 1: *(K2, P2tog) repeat from * around.
Rows 2 - 6: *(K2,P1) repeat from * around.
Row 7: *(K2tog, P1) repeat from * around.
Row 8 - 10: *(K1, P1) repeat from * around.
Row 11: *(K2tog, P2tog) repeat from * around.
Row 12: *(K1, P1) repeat from * around.
Row 13: *(K2tog) repeat from * around.

Finishing: 8 stitches remain. Cut yarn, leaving a long tail. Thread tail through remaining stitches and remove stitches from needle. Pull to gather and close top opening. Weave in remaining tail.

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