

Youth Ministry 2019-2020 Schedule

<p>Session 1</p>	<p>September 22</p> <p>Welcome! Come see what the year will offer! Reconnect with old friends and meet new ones!</p>	<p>Welcome/Introduction</p> <ol style="list-style-type: none"> 1. Ice-breakers 2. Introductions 3. Outline for the year 4. What to expect at each session 5. Reasons for coming to youth group
<p>Session 2</p>	<p>October 6</p> <p>Relationships that really matter: Friends, Family, God</p>	<p>Relationships</p> <ol style="list-style-type: none"> 1. With family 2. With friends 3. With God 4. With significant others 5. Online dating 6. How do relationships begin?
<p>Session 3</p>	<p>October 20</p> <p>Do you own a phone...or does your phone own you?</p>	<p>Social Media—Making real connections in a tech-centered world</p> <ol style="list-style-type: none"> 1. Effects of social media in our lives (positive and negative) 2. Time management 3. Engaging with others and forming relationships sans cell phones
<p>Session 4</p>	<p>November 3</p> <p>How do the border walls that we build shape our world view?</p>	<p>Social Justice Issues</p> <ol style="list-style-type: none"> 1. Define them 2. What are some examples we see in our country? (Immigration, equality, race, gender, marginalization) 3. How do they make you feel? Do you care even though they may not be happening near you? 4. Are we called to do anything by our

		faith?
Session 5	November 17 I can't vote yet, so why should I care about what the government does?	Social Justice Issues 1. Review the issues discussed last week 2. Discuss what they can do as teenagers to bring about change 3. Activity?
Session 6	December 1 (1 st Sunday Advent) What I want vs. what I need: Does Christmas even matter?	The Christmas Season 1. What is important during this time? 2. What does society tend to focus on vs. what should be focused on? 3. What are some things that the kids can do during the season to focus on what is really important?
Session 7	December 8	Mid-Year review 1. Discuss some of the large topics covered so far 2. What have they liked so far about youth group? 3. Has it given them a voice? 4. Have they found it helpful and worthwhile? 5. What can be changed for when we return on 1/12?
Session 8	January 12 Colder winter nights and thoughts: How stress and anxiety can control us or not	Mental Health 1. Anxiety 2. Depression 3. Stress 4. Suicide 5. Mental health management—mental health problems exist, how

		do we cope? How can our faith help?
Session 9	<p>January 26</p> <p>There are many different ways to be abused without ever being touched</p>	<p>Abuse</p> <ol style="list-style-type: none"> 1. Alcohol 2. Drugs 3. Pornography 4. Bullying (cyber and otherwise) 5. Lasting impacts of abuse and treatments
Session 10	<p>February 9</p> <p>Grief and Sadness: Coping with Loss when no one seems to care</p>	<p>Dealing with Death</p> <ol style="list-style-type: none"> 1. Grief 2. Dealing with slow death, dealing with sudden death 3. How to express feelings during that time 4. Coping with loss 5. What role does their faith play? 6. Worrying about a friend or relative (they could be dealing with sickness, addiction, etc) 7. How can you help those who are grieving?
Session 11	<p>February 23</p> <p>Why does God allow school shootings and earthquakes?</p>	<p>How do we keep our faith in a world seemingly full of atrocity and violence?</p> <ol style="list-style-type: none"> 1. Violence 2. Shootings 3. Natural disasters
Session 12	<p>March 8</p> <p>The hard things that people don't like to talk about</p>	<p>Difficult Topics that people don't want to bring up</p> <ol style="list-style-type: none"> 1. Sexting 2. Drinking 3. Porn 4. Juuling/Tobacco use 5. Sextortion 6. Rape 7. Child trafficking

Session 13	March 22 Do I really think I am valuable to God?	Making healthy choices <ol style="list-style-type: none"> 1. Self-esteem—how do we preserve it? 2. Dignity—define it and how do we preserve it in our lives 3. How do we want others to see us? Do we want to be viewed in a certain way? Is that <i>really</i> what you want?
Session 14	April 5 What do other religions believe in?	Global Churches/Global Religions <ol style="list-style-type: none"> 1. What are other youths doing in their churches around the world? 2. Do the kids know friends or family who belong to another religion? 3. How are young people expressing their faith in their religions? What is the buzz for youth in other countries?
Session 15	April 19 Making a difference with faith	How do we take what we have learned so far and make a difference in the world? <ol style="list-style-type: none"> 1. Project serve 2. Joining an organization that helps others in need 3. Retreats 4. What can they do in their high schools?
Session 16	May 3 12:15-1:15	Confirmation prep
Session 17	May 10 12:15-1:15	Confirmation prep
Session 18	May 17 12:15-1:15	Confirmation Prep