

**PLANT A GARDEN.**  
**HAVE A DANCE PARTY.**  
**VOLUNTEER. PAINT A PICTURE.**  
**GO FOR A WALK. DO YOGA.**  
**READ A POTTER THE OTTER BOOK.**  
**PLAY AN INSTRUMENT.**  
**MAKE A PUPPET SHOW.**  
**VISIT A LIBRARY. PLAY AT A PARK.**  
**COOK A HEALTHY MEAL.**  
**VISIT A FAMILY RESOURCE CENTER.**  
**BUILD A BLANKET FORT.**  
**FLY A KITE. VISIT A MUSEUM.**  
**DO A PUZZLE.**  
**MAKE UP A SILLY STORY.**  
**PLAY HIDE AND SEEK.**  
**HAVE A PICNIC.**

**WHAT ARE YOU DOING FOR  
NATIONAL SCREEN-FREE WEEK?**

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BROUGHT TO YOU BY:

