

Dreams for Change

SOLVING HOMELESSNESS

Dreams For Change's mission is to respond to the needs of San Diegans by creating innovative and cost-effective programs to empower and stabilize the lives of undeserved families and individuals.

SAN DIEGO COUNTY HAS APPROXIMATELY



DREAMS FOR CHANGE OFFERS DIFFERENT TYPES OF SUPPORT



Dreams for Change believes solutions within these 5 categories helps to resolve and prevent homelessness.

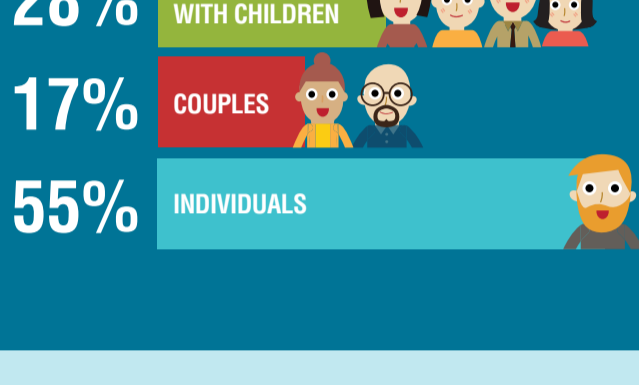
SAFETY



THE SAFE PARKING PROGRAM

The program provides a safe parking environment as well as supportive services for transitionally homeless people who are living in their vehicles. Case managers construct an action plan with each participant placing emphasis on permanent housing solutions, employment, training, emergency support, asset stabilization, and asset building.

SAFE PARKING PARTICIPANTS REPRESENT:



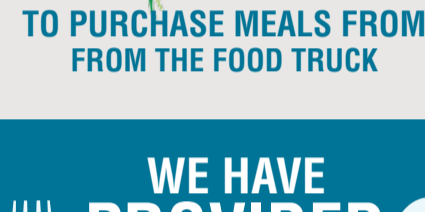
NUTRITION



THE FRESH FOOD TRUCK

The FRESH is a mobile food truck that provides healthy hot meals to homeless individuals and seniors in San Diego. We also assist our clients with CalFresh Applications. Our clients can utilize their CalFresh benefits to purchase nutritious meals.

OVER 2,500 PEOPLE HAVE USED



TO PURCHASE MEALS FROM FROM THE FOOD TRUCK

WE HAVE PROVIDED **7,500** HEALTHY HOT MEALS ANNUALLY

FINANCIAL LITERACY



FINANCIAL INDEPENDENCE

Often times, homeless individuals are viewed as being incapable of understanding how to effectively manage their finances. We believe this notion is false and recognize that understanding personal finance and making behavioral changes based on that understanding are essential steps out of homelessness.

ASSISTED

1,505 HOUSEHOLDS

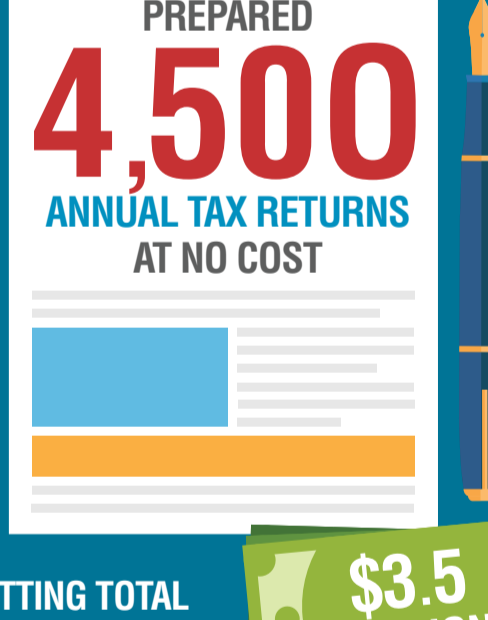
WITH POTENTIAL PUBLIC BENEFITS



We provide our participants with:

- Screening for potential eligibility for public benefits
- Analysis of existing debt and a review of their credit status
- A developed and implemented plan for debt reduction
- A personal budget that is optimized for a fixed or limited income
- Set financial goals relating to re-housing and stabilization
- Assistance in preparing taxes and making tax deficiency corrections

IN PARTNERSHIP WITH THRIVE SAN DIEGO WE HAVE:



NETTING TOTAL REFUNDS OF OVER **\$3.5 MILLION**

WORKFORCE DEVELOPMENT



FOOD TRUCK/JOB TRAINING

The Eat Better Today program includes a workforce development program that provides 45 people each year with training opportunities for those seeking to re-enter the workforce or start their own food truck business.

Skills training is provided in small business development, restaurant management, food distribution and procurement, and culinary arts. Participants include former foster youth, formerly incarcerated individuals and veterans.

SENIOR SUPPORT



NORTH COUNTY SENIOR CONNECTION & THE THYME TOGETHER FOOD TRUCK

Senior Connections promotes healthy aging in place and self-sufficiency through wholesome nutrition, social connectedness, community engagement, and lifelong learning.

Seventy-seven percent of the senior program participants reported that the meals provided by Thyme Together have improved their nutritional security and that the socialization, supportive services, and case management improved the quality of their lives.

2 IN 5 SAN DIEGO SENIORS



HAVE TO CHOOSE BETWEEN RENT AND FOOD.



74% OF OUR SAFE PARKING PARTICIPANTS

HAVE OBTAINED SHELTER/HOUSING.



Dreams for Change

GIVE BACK TODAY!

All donations, small and large, have an enormous impact on defeating homelessness.

\$215

Moves 1 family from their car to housing.

\$100

Provides meals to 50 homeless individuals or seniors.

\$53

Pays for a family living in their car to be in a safe space for one month.

\$50

Assists one veteran or foster youth in obtaining job skills.



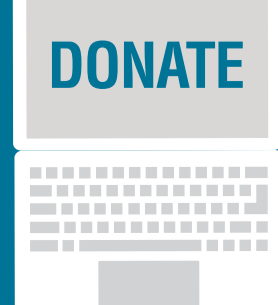
\$25

Ensures seniors have additional produce to take home.

How are donations divided?



VISIT US ONLINE TO



www.dreamsforchange.org